

Best Practices 2015-16

1. Title of the Practice: Palliative Care

Goal: In order to provide better living standards to the inmates of nearby old age home.

Context: The students visited the nearby Good Samaritan old age home and had communication with the inmates. They identified that the aged people are facing a natural feeling of loneliness and lack of entertainment. Also their living standards need improvement.

Practice: As an effective and healthy means of relaxation, it was proposed to offer reading material to the inmates. The N S S volunteers sought the active participation of the students for collecting the books. They contributed generously and about 100 books have been collected and handed over to the old age home and constituted a mini library. The students visited the palliative patients of the old age home and "Onam kit" worth Rs 1000/- each were contributed to the inmates.

Evidence of success: The inmates were very happy to spend their time in reading the books. This was an eye opener for many of our students and it helped to strengthen the social commitment of students. N S S unit continued this practice for the following academic years.

2. Title of the Practice: Road Safety and accident free driving

Goal: To offer awareness among drivers to use the road sensibly and avoid any mishap due to over speeding, rash driving etc.

Context: One of the students of our institution lost his life in a terrible motorcycle accident in the year. It was a regular practice of the youngsters in the area to drive two-wheelers without protective helmet at high speeds. The students and staff of the college were so shocked on the incident that they wanted to see that the mishap is the last of its kind for the students of the college.

The Practice: The students formed a group and initiated a practice of monitoring the riders every day morning and evening. Those violating traffic rules were counselled repeatedly and ensured that everyone is wearing helmets and driving the two-wheeler responsibly. Close contact has been maintained with local police officials regarding the activities and their advices have been adopted for the purpose.

Evidence of success: Because of the sincere efforts from the students and the faculty, the number of rash driving cases has come down to a minimum. Majority of the two-wheeler riders were found wearing protective helmets for rider and pillion.